



MACAU

THE SPA AT THE KARL LAGERFELD

The Spa is located on the 3rd floor of THE KARL LAGERFELD. Immerse yourself in redefined luxury, the one and only spa masterpiece from Karl Lagerfeld. His iconic, innovative and individuality style are reflected in the black marble and gold mosaic touches throughout the spa.

Karl Lagerfeld's unrivalled creativity and uniqueness blend stunning elements of Chinese and European Art Deco throughout the facility, providing our guests with a bespoke journey into this legendary designer's distinctive creation.

The Spa at THE KARL LAGERFELD have evolved a true state of relaxation and unrivalled beautification, harnessing the power of 111SKIN, the award winning clinically-inspired and science-led beauty brand from 111 Harley Street, London.

A spa experience like no other, fusing fashion, luxury and beauty, with results driven by innovative scientific formulations. Addressing real life concerns, with truly indulgent and inspirational treatments.

THE KARL LAGERFELD SIGNATURE TREATMENT BY 111SKIN

THE ULTIMATE CELESTIAL BLACK DIAMOND EXPERIENCE

2 HOURS 30 MINUTES

LIFTING, FIRING, CONDITIONING

The ultimate luxurious anti-aging facial and sculpting body treatment using the most potent 111SKIN formulas to visibly lift, firm and exfoliate the skin. Combining our innovative antioxidant rich formulas to stimulate collagen production, minimize fine lines and wrinkles and reduce pigmentation, this experience is one that also nourishes and hydrates on every level. Skin is left plumped, smoothed and fabulously sculpted.

THE ULTIMATE ROSE GOLD EXPERIENCE

2 HOURS 30 MINUTES

LUXURIOUS, NOURISHING, CALMING

An opulent brightening treatment which completely rejuvenates the face, body and mind. Using pure rose gold for its anti-inflammatory, antioxidant and illuminating benefits, tired and stressed complexions will be instantly transformed. A must-have treatment prior to any special occasion, your skin is left radiant and shimmering with Gold whilst the mind is balanced and soothed with Rose Quartz Crystals.







111FACIAL AESTHETICS

Our facial treatments utilize patented technology, signature techniques and precision skincare for clinical-level results. This comprehensive menu is tailored to be appropriate for all skin conditions, ages and concerns. All facials, while clearly directed, are capable of being customized to your skincare concerns.

THE ORIGINAL DRAMATIC HEALING FACIAL

60 MINUTES

RESTORE, FORTIFY, HEAL

A high-performance facial formulated to calm and soothe damaged, inflamed and irritated skin. Originally created by Dr. Yannis to encourage self-repair in the skin following a surgically or non-surgical procedure, the Original Dramatic Healing facial harnesses 111SKIN's signature NAC Y² complex to strengthen the epidermal barrier and prevent further inflammation. Using a combination of restorative ingredients from our Reparative Collection, the facial also targets simple skin issues such as dryness, dehydration, sensitivity and rosacea, making the skin feel and look truly comforted.



**CELESTIAL BLACK DIAMOND
NON-SURGICAL LIFT FACIAL**

90 MINUTES

LIFT, FIRM, TIGHTEN

Our most comprehensive anti-aging facial, this luxurious experience harnesses 111SKIN's most potent collection - the Intensive Collection - to encourage a youthful, sculpted and firmer appearance. A series of thoroughly active steps, including the brand's accelerated peel with antioxidant - rich formulas, are aided through diamond absorption. A combination of the wrinkle minimizing wand massage and signature massage ensures the skin is fresh and taut, sculpting along the natural contours of the face for a truly lifted, youthful appearance.

CLARITY ANTI BLEMISH FACIAL

60 MINUTES

PURIFY, REFINE, CALM

A targeted treatment for problematic skin, this treatment features a highly intelligent mask system which utilizes the exclusive 111SKIN Facial Architecture method. A selection of our Clarity Collection is combined with active ingredients like colloidal sulphur and salicylic acid to dissolve dead skin cells and calm inflammation. You are left with a clear complexion and refined, polished skin. May be combined with or without high frequency.



LUNAR 28 BRIGHTENING FACIAL

90 MINUTES

BRIGHTEN, EVEN, ILLUMINATE

A revolutionary treatment that is engineered to reflect the results from the in-house clinical laser treatment at 111 Harley St. A unique brightening and anti-aging system designed by 111SKIN clinical experts in response to a growing demand for an effective, yet noninvasive solution for uneven skin tone, in particular pigmentation caused by environmental exposure. Through the brand's potent Intensive Collection, the award-winning wrinkle minimizing wand and signature massage techniques, this facial treatment ensures the skin is radiant and thoroughly prepped to deliver a complexion that is as smooth as it is luminous.

In order to achieve a visible and measurable improvement in your skin's luminosity and clarity, 111SKIN developed a 28 day home care program that tackles uneven skin tone in four distinct steps.

MESO INFUSION HYDRATION FACIAL

60 MINUTES

HYDRATE, VOLUMIZE, CONTOUR

Created to address all skin types that require hydration, volumizing and brightening, the Meso Infusion Hydration Facial draws upon our Treatment Collection to provide a dewy glow and youthful plump to the skin. Ideal for frequent fliers, party goers and severely dehydrated skin, this facial replenishes the complexion with water, moisture and luminosity.



ROSE QUARTZ RESTORATIVE FACIAL **60 MINUTES**

SMOOTH, SCULPT, SOOTHE

This facial combines powerful restorative properties with the most innovative formulas to lift, firm and sculpt the complexion. Using a three-level approach to facial massage, including the signature massage technique, wrinkle minimizing wand massage and Rose Quartz stone massage, the treatment is designed to relax and soothe the mind while alleviating irritation within inflamed skin. The result is a rested and restored glow.

CRYO ENERGY FACIAL **60 MINUTES**

REGENERATE, REVIVE, ENERGIZE

A fusion of science and holistic practices, this facial draws upon the therapeutic benefits of cryotherapy with both skin and stone. The treatment uses 111SKIN's Regenerative range to energize the complexion, with products containing natural cellular energy to optimize cell metabolism. Combined with our exclusive 'cryo stones' that are used de-puff and define the skin in a series of circular movements, the treatment incites vasoconstriction on multiple levels. The result is tightened, toned and sculpted skin. An ideal treatment for those suffering from jet-lag, exhaustion, lacluster skin and skin suffering from pollution. A real wake-up treatment!

MULTI-MASKING EXPERIENCE

The ultimate masking treatments to smooth, lift and hydrate, working on specific issues by utilizing the facial architecture method. This inspired the development of multi-sectioned masks for targeted results. A must-have treatment before any special occasion, this method leaves the skin prepped, beautifully hydrated, plumped and illuminated.



111BODY AESTHETICS

A selection of body treatments that harness the potent actives of professional-grade, exclusive formulas, precious minerals and targeted massage techniques to ensure instant and long-term results.

THE ORIGINAL DRAMATIC HEALING TREATMENT

90 MINUTES

RESTORE, FORTIFY, HEAL

Fragile, sensitive and damaged skins will see immediate results with our healing formulations. The Original Dramatic Healing Treatment harnesses 111SKIN's signature NAC Y² complex to strengthen the epidermal barrier and prevent further inflammation. A body treatment that strengthens and replenishes the reparative process of the skin and balances its natural microbiome. A facial and body treatment journey.

CELESTIAL BLACK DIAMOND SCULPTING TREATMENT

60 MINUTES

LIFT, TIGHTEN, NOURISH

Opulent and indulgent, this powerful body treatment delivers dramatic results from 111SKIN's Intensive Collection to shape, smooth and saturate the skin with nourishment. Through signature massage techniques and potent professional formulas, lymphatic drainage is encouraged and skin is firmed. The result is a smoother, sculpted and more radiant looking figure.

**MESO INFUSION HYDRATION
THERAPY TREATMENT**

90 MINUTES

HYDRATE, VOLUMIZE, QUENCH

Our most thoroughly hydrating treatment, this body experience draws upon the Treatment Collection to leave the skin saturated with moisture. A thorough massage allows the body to draw natural water from deep within the skin, while the formula's rich hyaluronic acid holds that water at the surface for a dewy, quenched appearance. This luxurious massage is ideal for frequent fliers or city dwellers whose skin suffers due to the harsh water.

**ROSE QUARTZ RESTORATIVE
BODY TREATMENT**

60 MINUTES

SOOTHE, SCULPT, ILLUMINATE

A unique, decadent experience that cocoons the body and mind, this calming massage harnesses the healing powers of Rose Quartz Crystals to restore positive energy and infuse the skin with radiance. A combination of our Intensive & Radiance products work to simultaneously firm and nourish the body, utilizing the restorative and illuminating properties of rose gold to leave one with a glow that would be the envy of any partygoer.

CLARITY CLEAR BACK TREATMENT

60 MINUTES

PURIFY, REFINE, CALM

Created for problematic skin on the back, this treatment has powerful purifying properties that draw from 111SKIN's efficacious Clarity Collection. Active ingredients harnessed in the collection include Salicylic Acid, Kojic Acid and Rosemary Hydrolat, each of which has clarifying properties ideal for blemishes and post-inflammatory pigmentation. Able to calm textured, blemished or lackluster skin on the body, this body experience will resurface and rebalance a smooth, toned and even appearance. Back of the arms and the upper legs may be added.



111GENTLEMEN

Created when Dr. Yannis noticed an increase in men seeking non-surgical treatments, these facials have been developed to address male skin issues.

THE GENTLEMEN'S REPARATIVE FACIAL

REPAIR, RESTORE, HYDRATE

60 MINUTES

Designed specifically for male skin, which experiences high concentrations of sebum while being more reactive, the facial focuses on soothing and comforting the complexion. The epidermal barrier of male skin is often compromised due to shaving and astringent aftershaves, subsequently causing a variety of skin issues. Through our signature steps and restorative formulas featuring 111SKIN's NAC Y² Complex, this treatment calms, conditions and strengthens any skin type to a truly revitalized state.

THE GENTLEMEN'S SIGNATURE ENERGY FACIAL

REFRESH, REJUVENATE, REVIVE

60 MINUTES

Addressing specific male skin concerns, this treatment focuses on reducing puffiness, controlling oil production and refining texture through the use of 111SKIN's regenerative range to energize the complexion, with products containing natural cellular energy to optimize cell metabolism. Combined with our exclusive 'cryo stones' that is suitable for men of all ages and any skin types, the combination of energizing formulas will result in a softer, brighter and more polished complexion.



111 AROMATICS MASSAGE

HEAL, HYDRATE, CONDITION

60 MINUTES

An intense massage to aid recovery and restoration, this treatment uses our high-tech formulas and choice of high-grade, aromatherapy Healing Body Oils to soothe skin and muscles. Perfect for those with busy lifestyles, this therapy will soothe away tension and renew the body.





THE
METROPOLITAN
OIL
111 SPA/CLINIC

THE
SERENITY
OIL
111 SPA/CLINIC

THE
VITALITY
OIL
111 SPA/CLINIC

THE
PERFORMANCE
OIL
111 SPA/CLINIC

111 SPA/CLINIC
OIL
METROPOLITAN
THE

111 SPA/CLINIC
OIL
SERENITY
THE

111 SPA/CLINIC
OIL
VITALITY
THE

111 SPA/CLINIC
OIL
PERFORMANCE
THE

111 AROMATICS

Choose from one of four signature body massages, each of which have their own journey for a personal sensorial experience, with bespoke 111SKIN Aromatics. These body massage treatments will delight the senses and instill wellness at every level. The mind, body and soul are completely rested and restored.

THE VITALITY EXPERIENCE

60 MINUTES

UPLIFT, REJUVENATE, ENERGIZE

Inspired by Dr. Yannis' childhood in Greece, this massage purifies and energizes. Utilizing the vivid herb of sweet Marjoram and warm stones, the treatment captures the verve and vitality of Crete with its optimistic scents, cooling oils and traditional, tension-relieving techniques.

THE SERENITY EXPERIENCE

60 MINUTES

NURTURE, COMFORT, GROUND

Designed to alleviate emotional stress as much as physical, this healing massage draws upon Rose Quartz and a seductive blend of Jasmine, Tuberose and Lime Blossom applied with a light effleurage technique, helping to calm, center and create a tranquil energy in both body and mind.



THE METROPOLITAN EXPERIENCE

60 MINUTES

RESTORE, REFRESH, REFOCUS

A grounding treatment that draws upon resolved, resinous natural notes, the Metropolitan Oil is an aromatic cloak of protection and stillness for the busy mind and fatigued body. A blend of essential oils that include Frankincense, Magnolia and Elemi instill a deep sense of peace, while Patchouli, Helichrysum and Sandalwood serve to unify, balance and heal the emotional and physical self. Of all the aromatics, Metropolitan involves the deepest tissue techniques, stretching and spinal work to release, reset and realign the body.

THE PERFORMANCE EXPERIENCE

60 MINUTES

ENERGIZE, RELAX, RELIEVE

An awakening treatment that combines tension-relieving and circulation-stimulating techniques with a cryotherapy-inspired aromatic oil, this is the ideal experience for any level of athlete. The blend of deeply anti-inflammatory oils and attention to muscles that need repair ensure one leaves feeling rested, restored and in complete control of their body.



SPA RESERVATIONS

Contact our spa concierge team on (853) 8881 3500, to schedule your desired spa treatment and time.

HEALTH CONDITIONS

The health and safety of our guests and staff is of our greatest concern, please advise us of any health conditions, allergies or injuries which may affect your service.

Kindly also inform us if you have displayed any symptoms of aches and pains, cough, fever, breathlessness, sore throat and headaches within the past 14 days.

Our spa team is on-hand to assist you in completing your health assessment prior to your treatment.

PREGNANCY

We have selected treatments especially for expectant mothers. Please allow our spa concierge team and therapists to guide you in selecting which treatments and services are most suitable for you during this special time.

ARRIVAL TIME

We encourage our guests to arrive up to 30 minutes prior to their scheduled appointment time. This allows us to have a better understanding of your desired treatment results

and sufficient time for you to visit our heat and water facilities, to release the tension and promote a feeling of wellbeing. Or if you prefer, your journey may begin in the serenity of our co-ed relaxation room.

LATENESS AND CANCELLATION POLICY

Please understand that late arrivals would result in a reduction of treatment time, as a courtesy to the next guest. Kindly provide us with four hours' notice should you wish to change or cancel your booking.

Cancellation, no-show, or rescheduling outside of the notice period will incur a charge. A credit card number or gift certificate number is required at the time of the booking for non-hotel guests.

For spa bookings or packages of 2 or more guests in the same party, we respectfully request 24 hours cancellation.

Should you feel unwell or develop a cough or flu-like symptoms within 24 hours of your appointment, the cancellation charge will be waived, the well-being of our staff and guests is of our utmost importance. If you are unsure whether to attend your appointment, please call the spa.

AGE REQUIREMENTS

The spa welcomes both hotel guests and non-resident guests. The minimum age requirement for access to the spa and fitness center is 18 years old.

ETIQUETTE

Our Spa and Health Club is one of relaxation and tranquility. Refrain from the use of mobile phones and please respect all spa guests' right to privacy and serenity by talking softly. Filming and photography with the presence of other guests is strictly prohibited.

During your time at The Spa we happily provide you with a locker, disposable underwear, bathrobe, towels and slippers. We recommend that you leave jewelry and other valuables in your guest room safe, or in the locker provided for your use during your spa visit. THE KARL LAGERFELD will not assume liability for personal property or losses.

After your treatment, take a little extra time to yourself and reflect with our Karl Lagerfeld inspired coloring book. Coloring induces the same state as meditating by reducing the thoughts of a restless mind, generating mindfulness and quietness, allowing your mind to rest and create an overall sense of calm.

CLEANLINESS

In keeping with our commitment to cleanliness, safety and hygiene, our treatment rooms are sanitized after every treatment and equipment is sterilized after each use. The lockers are disinfected after each guest and the fitness equipment is sanitized after each guest use.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the Spa and Health Club is strictly prohibited.

LOSS OR DAMAGE

The Spa at THE KARL LAGERFELD will not accept any responsibility for any loss or damage of personal articles.

ACCIDENTS OR INJURIES

The Spa at THE KARL LAGERFELD shall not be liable for any accidents or injury suffered by any guests.

PRICES

All prices are in MOP and are subject to 10% Service Charge and 5% Government Tax.

CONFIDENTIALITY

The Spa at THE KARL LAGERFELD shall not disclose any information or personal data to any third party related to you as a customer. Customer information is used only for sales transactions purposes.

GIFT CERTIFICATES

Our gift certificates make a wonderful gift for any special occasion. Our spa concierge will be delighted to assist you with your gift giving needs, whether it is to treat a friend or loved one.

SPA RETAIL

All of the products used in our spa treatments are available as retail items, to continue your skincare and body care regime at home.

REFUND POLICY

Treatment packages are non-refundable and non-exchangeable.



THE HEALTH CLUB AT THE KARL LAGERFELD

EXCLUSIVE TO GUESTS OF THE KARL LAGERFELD

HOURS OF OPERATION

Contact our recreation concierge team on (853) 8881 3550 for the Health Club operating hours.

To ensure your safety, guests are reminded to read each of the facilities' rules and regulations carefully before use, and approach our team members should you need any assistance.

We provide lockers and towels for your use during your Health Club visit. THE KARL LAGERFELD signature footwear are available to purchase at The Health Club reception.

We request your support in our initiatives to reduce waste and protect the environment. Please use amenities, towels and water sparingly.

SWIMMING POOLS

An exceptional setting, one of the only integrated resorts in Macau to feature both indoor and outdoor swimming pools.

Our 25 meter, temperature controlled indoor swimming pool is adorned with stunningly unique mosaic designs, imagined from Karl Lagerfeld's sketch book.

Bespoke loungers dotted around the facility create a perfect place to be seen, to relax with friends and enjoy the uniqueness of this very special facility.

Poolside butlers are on hand to assist you with your food and beverage requirements.

Enjoy the summer months by the temperature controlled outdoor swimming pool, surrounded by lush French gardens and private poolside cabanas for that ultimate experience.

Poolside loungers are available on a first come first served basis.





GYMNASIUM

A tranquil, sun-lit, state-of-the-art fitness facility, equipped with the latest in Technogym® equipment.

An extensive selection of free-weights, skipping ropes, fitness balls, resistance bands and yoga mats are available.

Personalize your smart-training experiences with targeted routines by an integrated Technogym® Coach, providing motivation and guidance to help improve your training and make the most of your workouts.

Connect to MyWellness app, to guide you step by step until you reach your workout goals, thanks to personalized training programs and video tutorials which show you how to complete exercises.

Our in-house fitness instructor is available to coach you on one-on-one training sessions, take you through your paces with HIIT sessions, outdoor boot camps, outdoor yoga or to design a customized fitness program.

WELLNESS CLASSES

BEAUTY YOGA

60 MINUTES

Join our beauty yoga session to fine tune your inner soul and perfect your posture. The designed session will give you positive energy and the peace of mind you need. Detoxify from urban stressors while enjoying a total mind-body workout that combines strengthening and stretching poses with deep breathing and meditation or relaxation.

FULL MOON MEDITATION

60 MINUTES

The time on and around the new moon offers a powerful opportunity for you to align with a clear vision of your path, to set intentions and to step into positive new beginnings. When performed outdoors meditation helps you to regain vitality and strength lost from a fast-paced life, restoring mental and emotional balance.

FITNESS CLASSES

HIIT **30 MINUTES** **(HIGH-INTENSITY INTERVAL TRAINING)**

Performed around a number of stations, High-Intensity Interval Training, also called HIIT, aims to boost your metabolism and burn more calories than conventional cardio. In a nutshell, HIIT is a type of workout that features quick, intense bursts of exercise meant to raise your heart rate.

RESIDENT PERSONAL TRAINER **60 MINUTES**

Whatever your fitness goals, take your workout to the next level with our Resident Personal Trainer, who will help to unlock the results you want and customize workout programs based around your targets.

POWER STRETCH **30 MINUTES**

Stretching is a powerful tool that can improve your posture, boost your energy levels and enhance your range of motion. While you stretch, we focus on mindfulness and meditation exercises, which provide your mind with a mental break from modern day stresses.

上葡京東翼水療中心, 澳門上葡京, 澳門路氹射擊路
GLP Spa Ala Este, Grand Lisboa Palace, Rua do Tiro, Cotai, Macau
電話 T (853) 8881 3500 傳真 F (853) 8881 3509
thekarllagerfeld.mo

SERVICES



THE KARL LAGERFELD SPA SIGNATURE TREATMENT BY 111SKIN

		non-peak	peak
The Ultimate Celestial Black Diamond Experience	2 h 30 min	3,600	3,800
The Ultimate Rose Gold Experience	2 h 30 min	3,600	3,800

111 FACIAL AESTHETICS

The Original Dramatic Healing Facial	60 min	1,830	2,030
Clarity Anti Blemish Facial	60 min	1,830	2,030
Celestial Black Diamond Non-Surgical Lift Facial	90 min	2,440	2,740
Lunar 28 Brightening Facial	90 min	2,780	2,980
With Lunar 28 Brightening System		10,800	10,800
Meso Infusion Hydration Facial	60 min	1,830	2,030
Rose Quartz Restorative Facial	60 min	1,830	2,030
Cryo Energy Facial	60 min	1,830	2,030

ADD ON MULTI-MASKING EXPERIENCE

Face Mask		300	300
Neck Mask		300	300
Eye Mask		150	150

All prices are in MOP, subject to 10% service charge and 5% government tax

111 BODY AESTHETICS

		non-peak	peak
The Original Dramatic Healing Treatment	90 min	2,790	2,890
Celestial Black Diamond Sculpting Treatment	60 min	2,280	2,380
Meso Infusion Hydration Therapy Treatment	90 min	2,790	2,890
Rose Quartz Restorative Body Treatment	60 min	2,180	2,380
Clarity Clear Back Treatment	60 min	2,180	2,380

111 GENTLEMEN

The Gentlemen's Reparative Facial	60 min	1,430	1,630
The Gentlemen's Signature Energy Facial	60 min	1,830	2,030
111 Aromatics Massage	60 min	1,430	1,630

111 AROMATICS

The Vitality Experience	60 min	1,430	1,630
The Serenity Experience	60 min	1,430	1,630
The Metropolitan Experience	60 min	1,430	1,630
The Performance Experience	60 min	1,630	1,830

All prices are in MOP, subject to 10% service charge and 5% government tax