



MACAU

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## THE SPA AT THE KARL LAGERFELD

Located on Level 3 of THE KARL LAGERFELD MACAU, the spa stands as the only wellness destination in the world conceived entirely under the creative vision of Karl Lagerfeld. It is a space where design, fashion, and wellbeing converge.

Karl Lagerfeld's unmistakable aesthetic runs through every detail, from the bold use of black marble to the intricate gold mosaic finishes. Chinese and European Art Deco influences are brought together with clarity and restraint, creating a space that feels distinctive without excess.

At its core, the spa is built around performance-driven wellness. In collaboration with 111SKIN, the award-winning, clinically inspired skincare brand from London, treatments are designed to deliver visible, results-oriented outcomes. Advanced formulations and techniques are paired with highly personalized therapies, addressing modern lifestyle concerns with precision and care.

# THE KARL LAGERFELD SIGNATURE TREATMENT BY 111SKIN

## **EXOSOME REGENERATION FACIAL**

LIFTING, TIGHTENING, REGENERATING  
90 MINUTES

This advanced facial delivers intensive skin repair and visible rejuvenation by combining cutting-edge exosome technology with precision microspicule infusion to stimulate the skin's natural regenerative processes. Powered by 111SKIN's patented NAC Y2™ repair formula and potent rejuvenating actives, it channels targeted nutrients deep into the skin, revealing a brighter, firmer and more resilient complexion. Concluding with the brand's signature multi-masking ritual and expert sculpting massage, the treatment enhances definition along the jawline and neck, leaving the skin lifted, luminous and youthfully radiant.

**MOP 2,980**

## **THE ULTIMATE CELESTIAL BLACK DIAMOND EXPERIENCE**

LIFTING, FIRMING, CONDITIONING  
2 HOURS 30 MINUTES

The ultimate luxurious anti-aging facial and sculpting body treatment uses the most potent 111SKIN formulas to visibly lift, firm and exfoliate the skin. Combined with our innovative antioxidant-rich formulas, it stimulates collagen production, minimizes fine lines and wrinkles and reduces pigmentation, while deeply nourishing and hydrating the skin on every level, leaving it plumped, smoothed and fabulously sculpted.

**MOP 3,700**

## **THE ULTIMATE ROSE GOLD EXPERIENCE**

LUXURIOUS, NOURISHING, CALMING  
2 HOURS 30 MINUTES

An opulent brightening treatment that completely rejuvenates the face, body, and mind, using pure rose gold for its anti-inflammatory, antioxidant and illuminating benefits. Tired and stressed complexions will be instantly transformed. A must-have treatment prior to any special occasion, it leaves your skin radiant and luminous while balancing and soothing the mind with Rose Quartz Crystals.

**MOP 3,700**



# 111FACIAL AESTHETICS

Our facial treatments harness patented technology and signature techniques to deliver clinical-level results. This comprehensive menu is tailored for all skin types, ages and concerns. All facials, while clearly directed, can be further customized to your individual skincare needs.

## **THE BLACK DIAMOND NON-SURGICAL FACE LIFT FACIAL**

LIFT, FIRM, TIGHTEN  
90 MINUTES

Our most comprehensive anti-aging facial, this luxurious experience harnesses 111SKIN's most potent collection – the Intensive Collection – to encourage a youthful, sculpted and firmer appearance. A series of highly active steps, including the brand's accelerated peel with antioxidant-rich formulas, are enhanced through diamond absorption. A combination of the wrinkle minimizing wand massage and signature massage ensures the skin is fresh and taut, sculpting along the natural contours of the face for a truly lifted, youthful appearance.

**MOP 2,380**

## **ROSE GOLD RADIANCE FACIAL**

SMOOTH, SCULPT, SOOTHE  
60 MINUTES

This facial combines powerful restorative properties with the most innovative formulas to lift, firm and sculpt the complexion. Using a three-level approach to facial massage including the signature massage technique, wrinkle minimizing wand massage and Rose Quartz stone massage, the treatment is designed to relax and soothe the mind while alleviating irritation in inflamed skin. The result is a rested and restored glow.

**MOP 1,930**



### **DE-PUFFING ENERGY FACIAL WITH CRYO GLOBES**

REGENERATE, REVIVE, ENERGIZE  
60 MINUTES

A fusion of science and holistic practices, this facial draws upon the therapeutic benefits of cryotherapy with both skin and stone. The treatment uses 111SKIN's Regenerative range to energize the complexion, with products containing natural cellular energy to optimize cell metabolism. Combined with our exclusive "cryo stones" that de-puff and define the skin through a series of circular movements, the treatment incites vasoconstriction on multiple levels. The result is tightened, toned and sculpted skin. An ideal treatment for those suffering from jet-lag, exhaustion, pollution, or lackluster skin. A real wake-up treatment!

**MOP 1,930**

### **THE REPARATIVE FACIAL**

RESTORE, FORTIFY, HEAL  
60 MINUTES

A high-performance facial formulated to calm and soothe damaged, inflamed and irritated skin. Originally created by Dr. Yannis to encourage self-repair in the skin following a surgically or non-surgical procedure, the Original Dramatic Healing facial harnesses 111SKIN's signature NAC Y<sup>2</sup> complex to strengthen the epidermal barrier and prevent further inflammation. Using a combination of restorative ingredients from our Reparative Collection, the facial also targets simple skin issues such as dryness, dehydration, sensitivity and rosacea, making the skin feel and look truly comforted.

**MOP 1,830**

## MULTI-MASKING EXPERIENCE

The ultimate masking treatments work to smooth, lift and hydrate, addressing specific concerns by utilizing the facial architecture method. This inspired the development of multi-sectioned masks for targeted results. A must-have treatment before any special occasion, this method leaves the skin prepped, beautifully hydrated, plumped and illuminated.



# 111BODY AESTHETICS

A selection of body treatments harnesses the potent actives of professional-grade, exclusive formulas, precious minerals and targeted massage techniques to ensure instant and long-lasting results.

## **CELESTIAL BLACK DIAMOND SCULPTING BODY TREATMENT**

**MOP 2,180**

LIFT, TIGHTEN, NOURISH  
90 MINUTES

Opulent and indulgent, this powerful body treatment from 111SKIN's Intensive Collection delivers noticeable results, shaping, smoothing and deeply nourishing the skin. Through signature massage techniques and potent professional formulas, lymphatic drainage is encouraged and skin is firmed. The result is a smoother, sculpted and more radiant looking figure.

## **RADIANCE BODY TREATMENT**

**MOP 2,180**

SOOTHE, SCULPT, ILLUMINATE  
90 MINUTES

A unique, decadent experience that cocoons the body and mind, this calming massage harnesses the healing powers of Rose Quartz Crystals to restore positive energy and infuse the skin with radiance. A combination of our Intensive & Radiance products works to simultaneously firm and nourish the body, utilizing the restorative and illuminating properties of rose gold to leave you with a glow that would become the spotlight of all eyes.



# 111GENTLEMEN

Created when Dr. Yannis noticed an increase in men seeking non-surgical treatments, these facials have been specifically developed to address male skin concerns.

## **THE GENTLEMEN'S SIGNATURE ENERGY FACIAL**

**MOP 1,930**

REFRESH, REJUVENATE, REVIVE  
60 MINUTES

Addressing specific male skin concerns, this treatment focuses on reducing puffiness, rebalancing oil production, and refining texture. It harnesses 111SKIN's regenerative range to energize the complexion with products containing natural cellular energy that optimize cell metabolism. Combined with our exclusive "cryo stones," suitable for men of all ages and all skin types, the treatment results in a softer, brighter and more polished complexion.

## **THE GENTLEMEN'S REPARATIVE FACIAL**

**MOP 1,530**

REPAIR, RESTORE, HYDRATE  
60 MINUTES

Designed specifically for male skin, which experiences high concentrations of sebum while being more reactive, the facial focuses on soothing and comforting the complexion. The epidermal barrier of male skin is often compromised due to shaving and astringent aftershaves, subsequently causing a variety of skin issues. Through our signature steps and restorative formulas featuring 111SKIN's NAC Y2 Complex, this treatment calms and conditions any skin type, leaving it in a truly revitalized state.

## **111AROMATICS MASSAGE**

**MOP 1,530**

HEAL, HYDRATE, CONDITION  
60 MINUTES

An intense massage designed for recovery and restoration, this treatment combines our high-tech formulas with high-grade aromatherapy Healing Body Oils to soothe skin and muscles. Perfect for those with busy lifestyles, this therapy melts away tension and restores vitality, leaving the body refreshed and re-energized.



# 111AROMATICS

Choose from one of four signature body massages, each offering its own journey for a truly personal sensorial experience, featuring bespoke 111SKIN Aromatics. These body massage treatments will delight the senses and instil wellness at every level. The mind, body and soul emerge completely rested and restored.

## **THE PERFORMANCE EXPERIENCE**

**MOP 1,730/2,030**

ENERGIZE, RELAX, RELIEVE  
60/90 MINUTES

An awakening treatment that combines tension-relieving and circulation-stimulating techniques with a cryotherapy-inspired aromatic oil, this is the ideal experience for athletes at any level. The blend of deeply anti-inflammatory oils, paired with careful attention to muscles in need repair, ensures guests leave feeling rested, restored and in complete control of their body.

## **THE VITALITY EXPERIENCE**

**MOP 1,530/1,930**

UPLIFT, REJUVENATE, ENERGIZE  
60/90 MINUTES

Inspired by Dr. Yannis' childhood in Greece, this massage purifies and energizes through the vibrant herb sweet marjoram and warm stones. The treatment captures the verve and vitality of Crete with its optimistic scents, cooling oils and traditional tension-relieving techniques.



### **THE SERENITY EXPERIENCE**

NURTURE, COMFORT, GROUND  
60/90 MINUTES

Designed to alleviate emotional stress as much as physical, this healing massage draws upon Rose Quartz and a special blend of Jasmine, Tuberose and Lime Blossom, applied with a light effleurage technique to calm, center and create a tranquil energy in both body and mind.

**MOP 1,530/1,930**

### **FOOT MASSAGE BY BASTIEN GONZALEZ**

REVITALIZE, HEAL, REJUVENATE  
35/60 MINUTES

A treatment designed for the total wellbeing of the feet and legs. Ideal for relieving heavy legs, especially after long flights, this truly relaxing toes-to-knees massage focuses on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet. A preliminary exfoliation with the Black Diamond Scrub prepares the skin, enhancing absorption of the cream and optimizing the effects of its active ingredients.

**MOP 760/950**

## 111WELLNESS TREATMENT

### **TWO-DAY REJUVENATION RETREAT**

TWO DAYS

**MOP 4,160**

Experience a refreshing two-day journey tailored for ultimate relaxation. Awaken your vitality with a personalized exercise session on Day One, complemented by a calming aromatherapy massage. On Day Two, indulge in an invigorating Cryo Energize Facial that boosts circulation and detoxifies, instantly reducing facial puffiness to sculpt a beautifully defined contour.

Day One: 45-minute Bespoke Exercise Session

60-minute Rejuvenation Massage

Day Two: 60-minute Cryo Energize Facial

### **REVITALIZE WELLNESS EXPERIENCE**

ONE DAY

**MOP 3,700**

Indulge in an opulent brightening treatment infused with potent anti-inflammatory and antioxidant properties to revitalize tired skin. A soothing rose quartz crystal fingertip massage enhances your complexion, allowing both your body and mind to unwind completely. Conclude your journey with a refreshing selection of delicacies exclusively prepared by The Book Lounge, nourishing your body and enhancing your natural beauty.

150-minute Opulent Renewal Experience

Nourishing treats from The Book Lounge

### **A DAY OF WELLNESS**

ONE DAY

**MOP 3,030**

Treat yourself to a rejuvenating 120-minute journey of relaxation and renewal. Immerse yourself in a blissful escape as you gently stretch your body, detoxify your system, and promote restful sleep, ultimately rediscovering profound vitality and tranquility.

30-minute Tension Release Stretch

30-minute Detox Bath

60-minute Holistic Balancing Massage

## **RADIANCE RITUAL**

ONE DAY

Embark on a restorative journey that begins with a guided Tranquility Meditation, designed to quiet the mind, set positive intentions, and infuse you with vibrant energy. This is complemented by the Comfort & Renewal Facial, an acclaimed skin-regeneration therapy that heals from within. Its patented complex swiftly repairs damage, calms inflammation, and visibly restores skin health and radiance.

By blending spiritual nourishment with advanced skin healing, this experience leaves you profoundly rejuvenated and glowing with quiet confidence, ready to embrace each day in your most radiant state.

60-minute Tranquility Meditation

60-minute Comfort & Renewal Facial

**MOP 3,030**

## **SERENITY AND BEAUTY RITUAL**

ONE DAY

Begin your journey with Core and Alignment Pilates, a focused mat session that deeply engages and strengthens your core, refines your posture and cultivates greater stability and inner awareness. This flows seamlessly into the Foot Refoundation Massage from PEDI:MANI:CURE Studio by Bastien Gonzalez, a signature treatment that releases tension in your feet and legs, leaving you feeling weightless with every step.

Emerging profoundly relaxed and rebalanced, you'll be ready to embrace each new day with grace and renewed vitality!

60-minute Core and Alignment Pilates

60-minute Foot Refoundation Massage

**MOP 3,030**

# SPA RESERVATIONS

Contact our spa concierge team on (853) 8881 3500 to schedule your desired spa treatment and time.

### **HEALTH CONDITIONS**

The health and safety of our guests and staff are our top priority. Please advise us of any health conditions, allergies or injuries that may affect your treatment.

Kindly also inform us if you have experienced any aches, pains, cough, fever, breathlessness, sore throat and headaches within the past 14 days.

Our spa team will be on-hand to assist you with your health assessment prior to treatment.

### **PREGNANCY**

We have selected treatments especially for expectant mothers. Please allow our spa concierge team and therapists to guide you in choosing the treatments and services that will be most suitable for you during this special time.

### **ARRIVAL TIME**

We encourage our guests to arrive at least 30 minutes prior to their scheduled appointment. This gives us time to fully understand your goals and allows you ample time to enjoy our heat and water facilities, to ease tension and enhance your sense of wellbeing. Alternatively, you may prefer to begin your journey in the serenity of our co-ed relaxation room.

### **LATENESS AND CANCELLATION POLICY**

Please note that late arrivals will result in a reduction of treatment time out of consideration for the next guest. Kindly provide us with at least four hours' notice should you wish to change or cancel your booking.

Cancellation, no-show, or rescheduling outside of the notice period will incur a charge. A credit card number or gift certificate number is required at the time of booking for non-hotel guests.

For spa bookings or packages involving two or more guests, we respectfully request 24 hours' notice for cancellation.

Should you feel unwell or develop a cough or flu-like symptoms within 24 hours of your appointment, the cancellation charge will be waived. The well-being of our staff and guests is of our utmost importance. If you are unsure whether to attend, please call the spa.

### **AGE REQUIREMENTS**

The spa welcomes both hotel guests and non-resident guests. The minimum age requirement for access to the spa and fitness center is 18 years old.

# ETIQUETTE

Our Spa and Health Club is dedicated to creating an atmosphere of relaxation and tranquility. Please refrain from using mobile phones and speak softly to respect all spa guests' right to privacy and serenity. Filming and photography while other guests are present are strictly prohibited.

During your time at The Spa, we provide you with a locker, disposable underwear, bathrobe, towels and slippers. We recommend that you store jewelry and other valuables in your guest room safe or in the locker provided during your visit. Please note that The Spa at THE KARL LAGERFELD does not assume liability for personal property or any losses.

After your treatment, take a moment for yourself and unwind with our Karl Lagerfeld-inspired coloring book. Coloring helps calm a restless mind, fostering mindfulness and a deep sense of calm.

## **CLEANLINESS**

In line with our commitment to cleanliness, safety and hygiene, our treatment rooms are sanitized after every session and equipment is sterilized after each use. All lockers are disinfected after each use, and the fitness equipment is sanitized after each use.

## **SMOKING AND ALCOHOL**

Smoking and the consumption of alcohol within the Spa and Health Club are strictly prohibited.

## **LOSS OR DAMAGE**

The Spa at THE KARL LAGERFELD accepts no responsibility for any loss or damage of personal articles.

## **ACCIDENTS OR INJURIES**

The Spa at THE KARL LAGERFELD shall not be liable for any accidents or injury suffered by any guests.

## **PRICES**

All prices are in MOP and are subject to 10% service charge and 5% government tax.

## **CONFIDENTIALITY**

The Spa at THE KARL LAGERFELD will not disclose any personal information or data to third parties. Customer information is used solely for transaction purposes.

## **GIFT CERTIFICATES**

Our gift certificates make a wonderful gift for any special occasion. Our spa concierge will be delighted to assist you with your gift giving needs, whether you wish to treat a friend or a loved one.

## **SPA RETAIL**

All of the products used in our spa treatments are available for retail, so guests can continue their skincare and body care regime at home.

## **REFUND POLICY**

Treatment packages are non-refundable and non-exchangeable.



# THE HEALTH CLUB AT THE KARL LAGERFELD MACAU

## **EXCLUSIVE TO GUESTS OF THE KARL LAGERFELD MACAU**

### **HOURS OF OPERATION**

Contact our recreation concierge team on (853) 8881 3550 for the Health Club operating hours.

To ensure your safety, please read the rules and regulations for each facility carefully before use, and feel free to approach our team members if you need any assistance.

We provide lockers and towels for your use during your Health Club visit. Our signature THE KARL LAGERFELD MACAU footwear is available for purchase at The Health Club reception.

We appreciate your support in helping us to reduce waste and protect the environment. Please use amenities, towels and water sparingly.

## SWIMMING POOLS

The swimming pools offer an exceptional setting, as we are one of the only integrated resorts in Macau to feature both indoor and outdoor swimming pools.

Our 25-meter, temperature-controlled indoor swimming pool is adorned with breathtaking mosaic designs, inspired by Karl Lagerfeld's sketch book.

Bespoke loungers dotted around the facility create a perfect place to be seen, to unwind with friends, or simply to savor the uniqueness of this very special space.

Poolside butlers are on hand to assist you with your food and beverage requests.

Enjoy the summer months by the temperature-controlled outdoor swimming pool, surrounded by lush European gardens and private poolside cabanas for the ultimate experience.

Poolside loungers are available on a first-come, first-served basis.

## GYM

Our gym is a tranquil, sun-lit, state-of-the-art fitness facility equipped with the latest Technogym® equipment.

An extensive selection of free-weights, skipping ropes, fitness balls, resistance bands and yoga mats is available.

Personalize your smart-training experience with targeted routines from the integrated Technogym® Coach, which provides motivation and guidance to help improve your training and make the most of your workouts.

Connect to the MyWellness app for step-by-step guidance to help you reach your workout goals, including personalized training programs and video tutorials that show you exactly how to complete exercises.

Our in-house fitness instructor is available to coach you in one-on-one training sessions, guide you through high-intensity HIIT sessions, outdoor boot camps, and outdoor yoga, or design a customized fitness program tailored to your needs.

# WELLNESS CLASSES

## **BEAUTY YOGA**

60 MINUTES

Our beauty yoga session combines strengthening and stretching exercises with deep breathing and meditation to restore your inner balance and improve your posture. It gently uplifts your energy while bringing a profound sense of calm and peace of mind.

**MOP 1,200**

## **TWILIGHT MEDITATION**

60 MINUTES

As twilight falls, the perfect moment for outdoor meditation unfolds. With each mindful breath, tension melts away, energy is gently restored, and emotions settle into perfect harmony—leaving you deeply refreshed, emotionally centered, and infused with positive strength for the days to come.

**MOP 1,200**

# FITNESS CLASSES

## **RESIDENT PERSONAL TRAINER**

60 MINUTES

Elevate your workout with our Resident Personal Trainer. Through bespoke workout programs tailored to your goals, your trainer will help unlock the results you seek.

**MOP 1,000**

## **HIIT (HIGH-INTENSITY INTERVAL TRAINING)**

30 MINUTES

Performed across a number of stations, High-Intensity Interval Training (“HIIT”) aims to boost your metabolism and burn more calories than conventional cardio. In a nutshell, HIIT features quick, intense bursts of exercise designed to raise your heart rate.

**MOP 800**

## **POWER STRETCH**

30 MINUTES

Stretching is a powerful tool that improves your posture, boosts your energy, and enhances flexibility. As you stretch, we guide you through mindfulness and meditation exercises, offering your mind a restorative break from modern life.

**MOP 800**



# SERVICES



## THE KARL LAGERFELD SPA SIGNATURE TREATMENT BY 111SKIN

MOP

Exosome Regeneration Facial	90 min	2,980
The Ultimate Celestial Black Diamond Experience	2 h 30 min	3,700
The Ultimate Rose Gold Experience	2 h 30 min	3,700

## 111FACIAL AESTHETICS

The Black Diamond Non-Surgical Face Lift Facial	90 min	2,380
Rose Gold Radiance Facial	60 min	1,930
De-Puffing Energy Facial with Cryo Globes	60 min	1,930
The Reparative Facial	60 min	1,830

## ADD ON MULTI-MASKING AND TREATMENT EXPERIENCE

Experience Facial	30 min	680
Back/Neck/Shoulder Massage	30 min	580
Face Mask		300
Neck Mask		300
Eye Mask		150
NMN Eye Mask		200

All prices are in MOP, subject to 10% service charge and 5% government tax.



### 111BODY AESTHETICS

Celestial Black Diamond Sculpting Body Treatment	90 min	MOP 2,180
Radiance Body Treatment	90 min	MOP 2,180

### 111GENTLEMEN

The Gentlemen's Signature Energy Facial	60 min	MOP 1,930
The Gentlemen's Reparative Facial	60 min	MOP 1,530
111 Aromatics Massage	60 min	MOP 1,530

### 111AROMATICS

The Performance Experience	60/90 min	MOP 1,730/2,030
The Vitality Experience	60/90 min	MOP 1,530/1,930
The Serenity Experience	60/90 min	MOP 1,530/1,930
Foot Massage by Bastien Gonzalez	35/60 min	MOP 760/950

All prices are in MOP, subject to 10% service charge and 5% government tax.



### 111WELLNESS TREATMENT

Two-day Rejuvenation Retreat	Two Day	165 min	MOP 4,160
Revitalize Wellness Experience	One Day	150 min	MOP 3,700
A Day Of Wellness	One Day	120 min	MOP 3,030
Radiance Ritual	One Day	120 min	MOP 3,030
Serenity And Beauty Ritual	One Day	125 min	MOP 3,030

### WELLNESS CLASSES

Beauty Yoga	60 min	MOP 1,200
Twilight Meditation	60 min	MOP 1,200

### FITNESS CLASSES

Resident Personal Trainer	60 min	MOP 1,000
HIIT (High-Intensity Interval Training)	30 min	MOP 800
Power Stretch	30 min	MOP 800

All prices are in MOP, subject to 10% service charge and 5% government tax.



GLP Spa - Ala Este, Grand Lisboa Palace, Rua do Tiro, Cotai, Macau  
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